



Quantum Healing Methods Overview

This handout offers an overview of the Quantum Catalyst Healing methods taught at the June retreat, and how each can be used.

1. Setting Your Healing Space

Always start with Foundational Practices – Purity Blast, Master Hookup with deep abdominal breathing, Calling Yourself In, Grounding and Loving Presence.

Then call upon your Healing Team, because why not have expert, Divine backup to raise your work to the miracle level?

Set your intention before client session starts.

2. Intuitive Listening

While listening to your client describe her issues, pains, struggles, etc., be listening with your body as well as your mind and emotional resonance. Practice inner stillness and receptivity so you can hear what is behind the words and symptoms being described. Ask your Guides to show you.

3. Chakra Testing and Balancing

This is very valuable for both in-person and remote healing sessions. Once you memorize the qualities of each chakra and meaning of each spin pattern you can gain remarkable insights into your client, and the root causes of his complaints and issues, just by testing the chakras with your pendulum. Use the Chakra Intake Forms for noting your observations.

4. Multi-Dimensional Clearing

A very powerful method for identifying root causes (residoo-doo) of client's symptoms and complaints. Refer to the two handouts provided for guiding you through MDC.

5. Quantum Catalyst Healing (CCH)

This is the whole process of attuning yourself to the Quantum Field (through Ascension Practices, Light Body activation, practicing deep love and deep listening, etc), so that you act as a catalyst for your client to more easily tap into the Field and positively transform. CCH includes some or all of these elements:

- a. Leading client through Breath of Ascension for opening and healing chakras
- b. Leading client through speaking well-chosen I AM Decrees. Learn to “flow” them from your own intuitive guidance, based on the client's issues and needs
- c. Moving your hands through client's energy field while they lie on a treatment table, following the energy as you are guided. This can help clear energetic blockages, auric tears and holes or supplement healing Light where needed. Let your intuition guide you.

- d. Toning with client, in conjunction with balancing chakras
- e. Voice Dialogue interactions, including:
 - a. Role playing with significant person from her past
 - b. Interviewing a sub-personality after giving it a name
 - c. Leading client through three steps of Forgiveness practice –
1. Apologies 2. Forgiveness 3. Self-Forgiveness
 - d. Asking a series of open questions that elicit deeper, reflective answers from client

There is a lot of detailed instruction for various forms of Voice Dialogue in my book *Healing the Root of Pain*.

- e. Helping them express emotions when needed

6. Quantum Block Clearing Method

Rapid method to separate from false programming and “step into” new way of being as an Avatar. Remarkably powerful. See handout for explanation and steps, which involves using two chairs facing each other, or some other way the client can move from old way of being to new way of being with physical movement.

7. Bilateral Trauma Release method

Highly effective method for diffusing the power of specific, highly-charged traumatic memories, reducing their power over the client. See handout for detailed instructions.

Integrating Quantum Catalyst Healing with your own professional skills:

This is the aim – to cultivate your ability to hold your attunement to the Quantum Field and Higher Sense Perception as you do whatever you do. This can be through pure awareness, or through taking time to add some of the above methods into your treatment plan. Your results will be augmented – often to the miracle level.