

Solfeggio Frequencies

| Frequency | Benefit / Experience | Associated Color |
|-----------|---|------------------|
| 396 | Liberating guilt & fear | Red |
| 417 | Facilitating Change, unwinding situations | Orange |
| 528 | Transformation, miracle healing, DNA repair, Love | Gold |
| 639 | Connecting / Relationships | Green |
| 741 | Awakening / Intuition | Blue |
| 852 | Returning to spiritual order | Purple |