



Going Deep on Chakras

Quantum Healing Mastercourse

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Quantum Catalyst

Quantum Chakra Balancing

Will Help You:

- Significantly improve your treatment results with trauma, emotional healing and Quantum healing
- Provide better results with chronic pain, depressed or anxious patients who have not responded well to other therapies
- Conduct effective remote healing sessions

Quantum Chakra Balancing

Will Help You:

- Rapidly gain deep insight into the underlying causes of your patient's issues and symptoms, and help resolve them
- Expand your own healing and intuitive abilities
- Works very well with bodywork, acupuncture, physical therapies, psychotherapy, chiropractic and esthetics

What is PNE Balancing?

Psycho-Neuro-Endocrine centers is a modern, medical way of describing the functions of the chakra system.

PNE (Chakra) Balancing is a clinical system for rapidly balancing blockages and distorted spin patterns in PNE centers that underlie all psycho-emotional issues including:

- **Depression and anxiety**
- **Bipolar disorder**
- **PTSD**
- **Addictions**
- **Obsessive-compulsive disorders**



Chakras are Universal, Holographic
Connection Vortices



Chakras “step down” your
Transmission and
disseminate it for all life functions

Chakra Correspondances

PNE Center Native color	Bodily System	Universal Qualities	Symptoms of imbalance	Endocrine
1 st – Root Red	Reproductive	Rooting, grounding, incarnating force, stability	Ungrounded, low vitality, energy imbalances	Male gonads, Leydig cells
2 nd – Sacral Orange	Genito-urinary	Creation power, deep emotions, sexuality	Drama queen, lack of intimacy, creative block	Female gonads, pituitary – lymph-adrenal axis
3 rd – Solar Yellow	Digestive	Divine will in expression, influence, assertiveness	Anger, control freak, misuse of power	Pancreas islets of Langerhans
4 th – Heart Green, Turquoise, Magenta, Gold	Circulatory	Divine love in expression, empathy, harmonization, compassion, integration	Depression, anxiety, PTSD, “in his head”, mental illnesses	Thymus
5 th – Throat Blue	Respiratory	Connecting, self-expression, communication	Difficulty in speaking one’s truth, being heard	Thyroid, parathyroid
6 th – Brow Indigo	Autonomic Nervous System	Divine intelligence in expression, vision, clarity, intuition	Denial, overactive mind, invested into illusions	Pituitary, hypothalamus
7 th – Crown Violet, White	Central Nervous System control	Divine transmission informing matter, spiritual connectedness	“Muggle”, feels cut off from God, transmission	Pineal

Endocrine Glands – Master Control System

- The endocrine gland system affects most bodily functions, ranging from genetics to emotions to CNS functioning. Each chakra is associated with a specific gland. Chakras therefore help regulate our moods and energy levels through hormonal, bio-chemical and brain effects.
- A decreased flow of energy through any chakra can cause hypo-conditions of any gland, such as adrenal insufficiency or hypothyroidism. It can also promote feelings of depression, fatigue, spacy-ness, or weak immune function
- Excess or stuck energy in a chakra can cause hyperfunctions of glands or organs, or emotions such as anxiety, ADD, mania, panic, rage or even psychosis

Presence & Power

- ❖ When a person is “in their power” it means that their Transmission is expressing freely through one or more chakras.
- ❖ Most people’s chakras are burdened with loads of “residoo-doo” that limit their power and flow, and create all the diseases.
- ❖ Clearing chakras and doing Multi-Dimensional Clearing helps people “lighten up” and get FREE to be and express their higher abilities and love.

This opens their superpowers

Get it?



Evaluation: Hand Scanning and Use of Pendulum to Assess PNE Centers



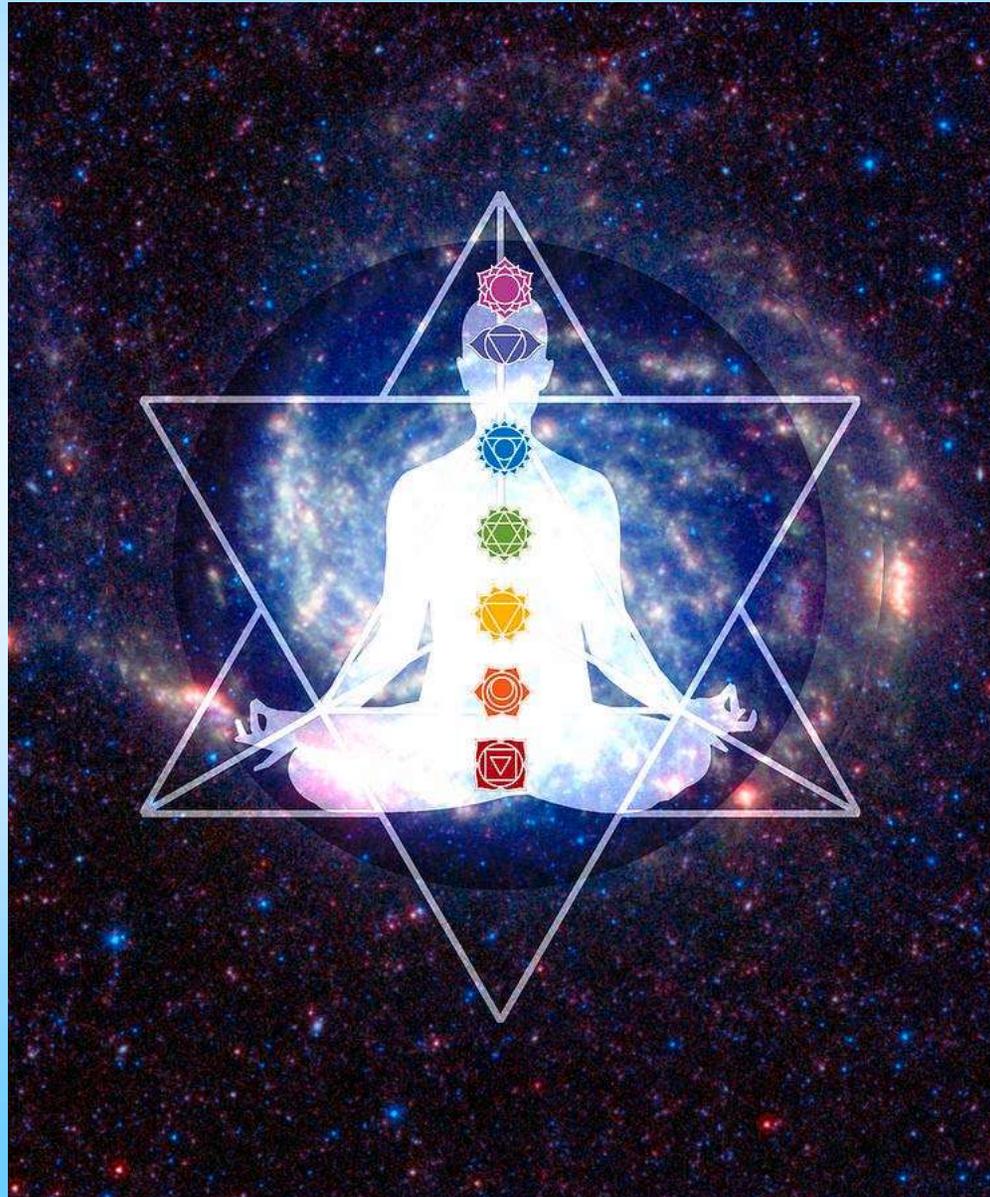
Evaluation: Arm Kinesiology



Pendulum testing works very well via remote healing sessions



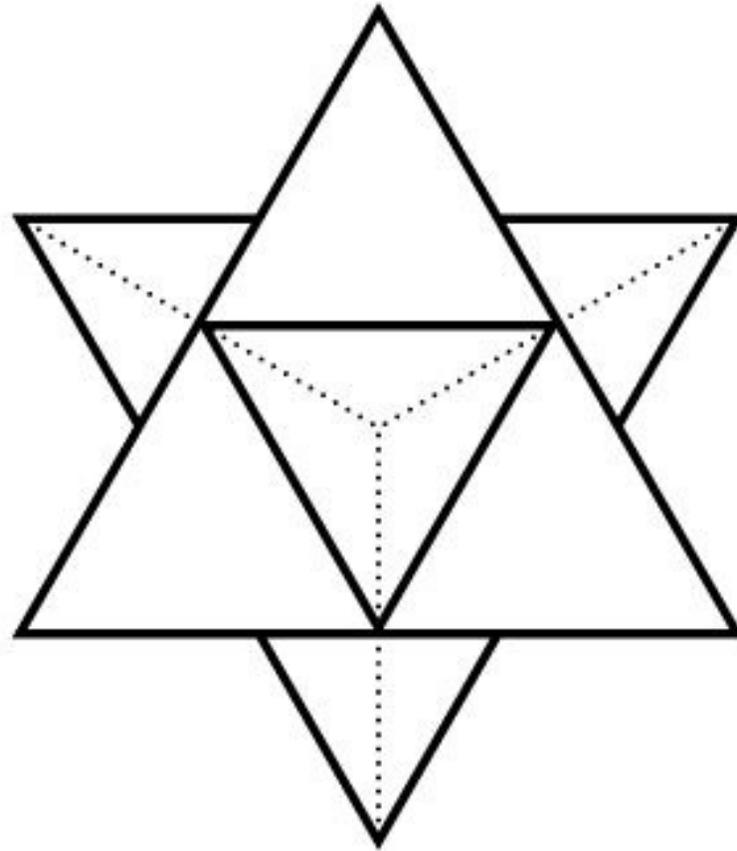
You can place a MerKaBa around any chakra and see it clearing and spinning old programming back to Source



Chakras Are Expressions of Universal Geometry

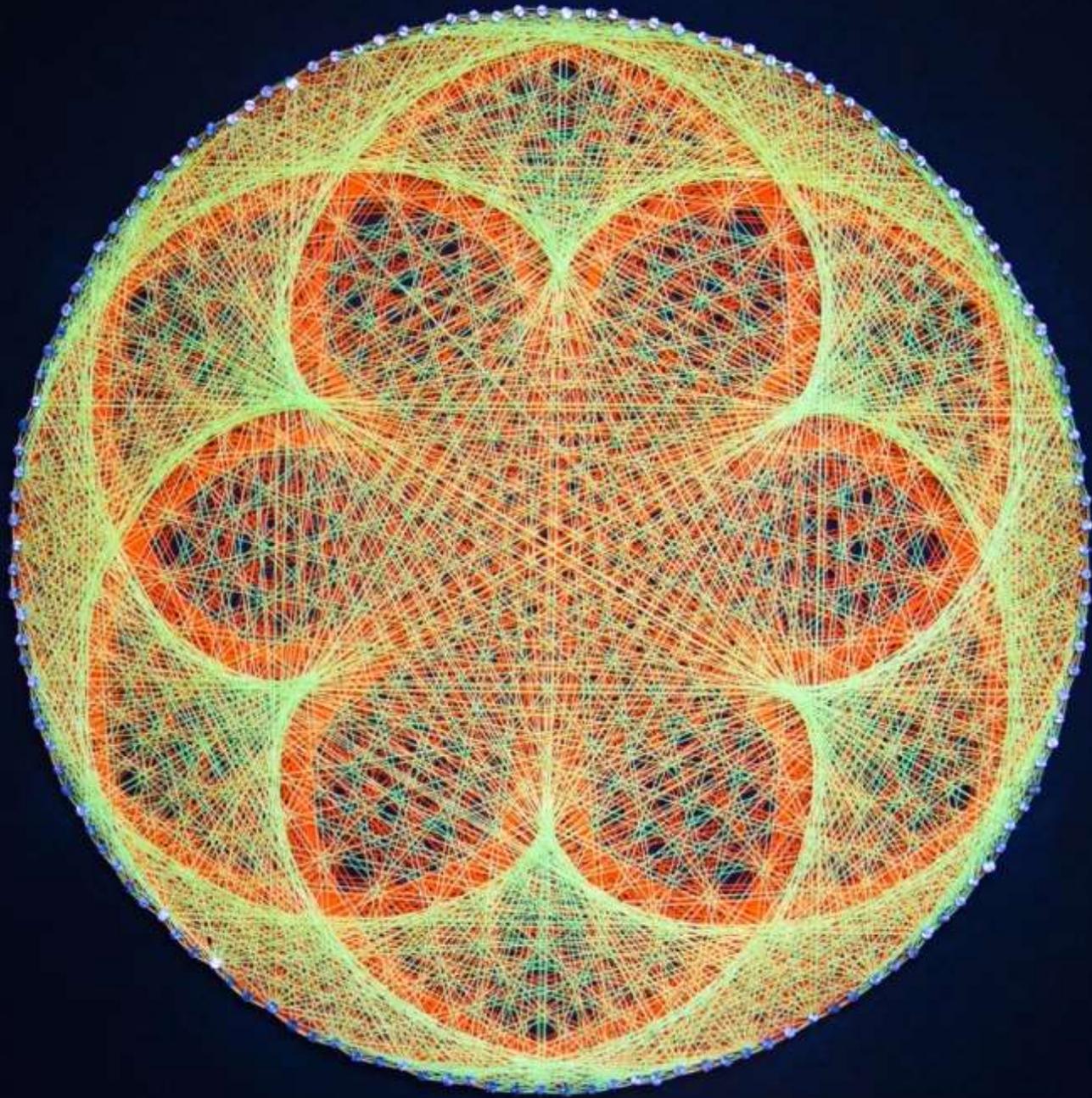


Chakras Are Expressions of Universal Geometry



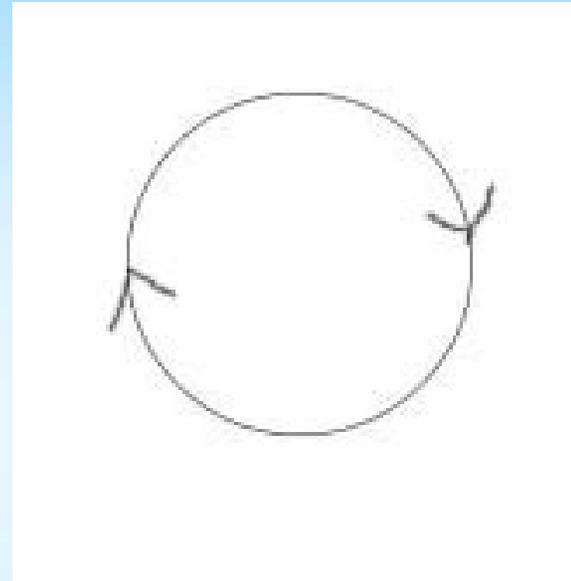
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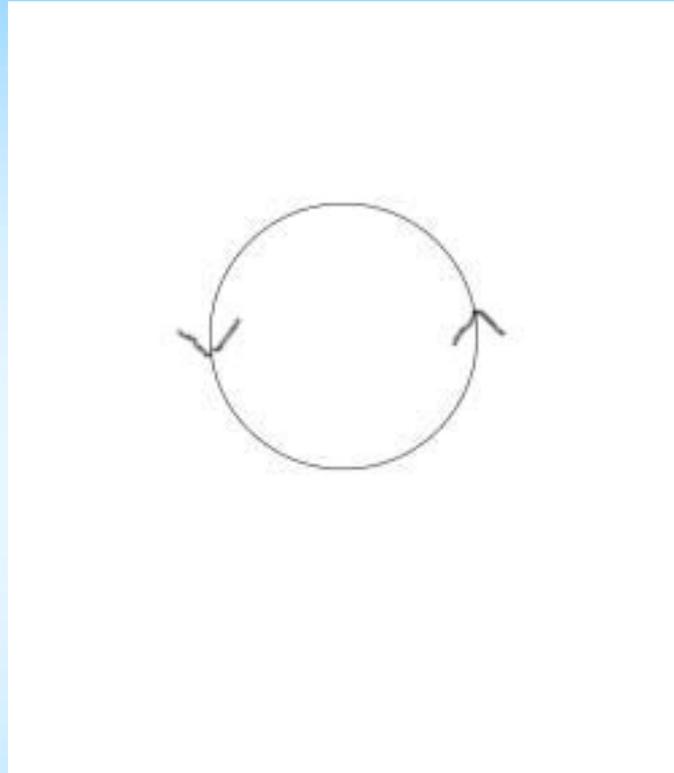
Chakra Spin Patterns



Clockwise Circle - Wholeness

Center is healthy, open and in harmony, balanced between male-female poles. Size of the circle indicates amount of power in the center. If no movement it is not functioning at all and this will lead to serious disease

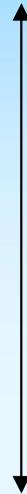
PNE Spin Patterns



Counter Clockwise Circle

Could indicate closure or denial of the aspect of emotion the chakra is associated with. Or chakra asking for clearing, which you can do with pendulum

PNE Spin Patterns



Up and Down

Send energy upward to deny, mentalize or
“spiritualize” uncomfortable feelings –
”in his head” – Limited feeling/expression of
emotion

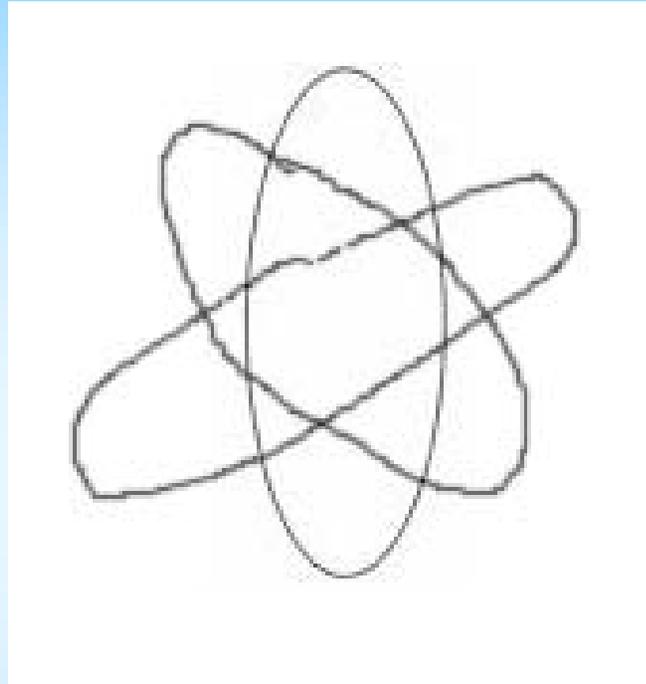
PNE Spin Patterns



Left and Right

Strongly blocked. Refusal to acknowledge or feel the truth or emotion of the chakra – probably due to fear or judgment

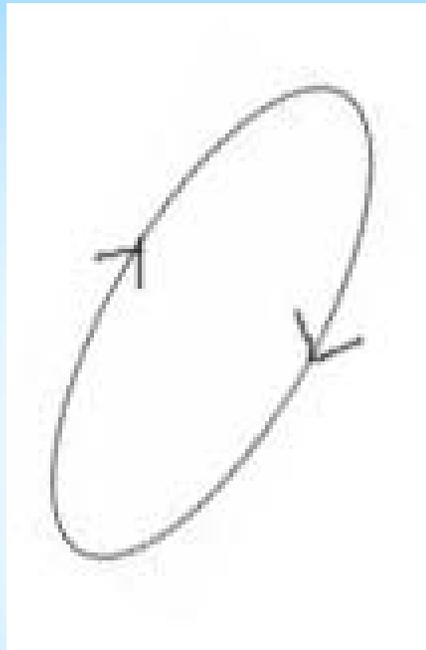
PNE Spin Patterns



Cloverleaf Pattern – Multiple overlapping ellipses

Transformation or polarity switch happening in center – seen during major life transitions, transformative healing sessions, could also indicate confusion or indecision

PNE Spin Patterns



Clockwise Ellipse Up To Patient Left.

Open, female/receptive directed, less trust of masculine/father energy

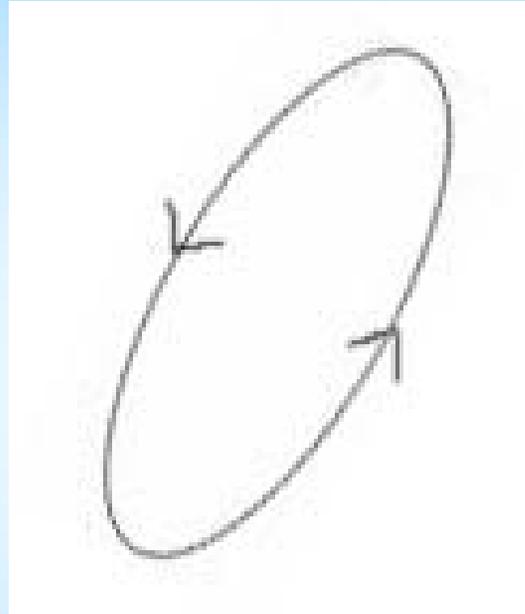
PNE Spin Patterns



Clockwise Ellipse Up To Patient Right.

Open, male/active directed, less comfort with feminine/mother energy

PNE Spin Patterns



Counter-Clockwise Ellipse or Diagonal Line – Up To Patient Left

Passive-Aggressive split in Center, passive side stronger

PNE Spin Patterns



Counter-Clockwise Ellipse or Diagonal Line – Up To Patient Right

Passive-Aggressive split in Center, aggressive side stronger

Chakra Intake Form

Patient Name _____ Today's Date _____

Symptoms/Complaints _____

Observations/Diagnosis _____

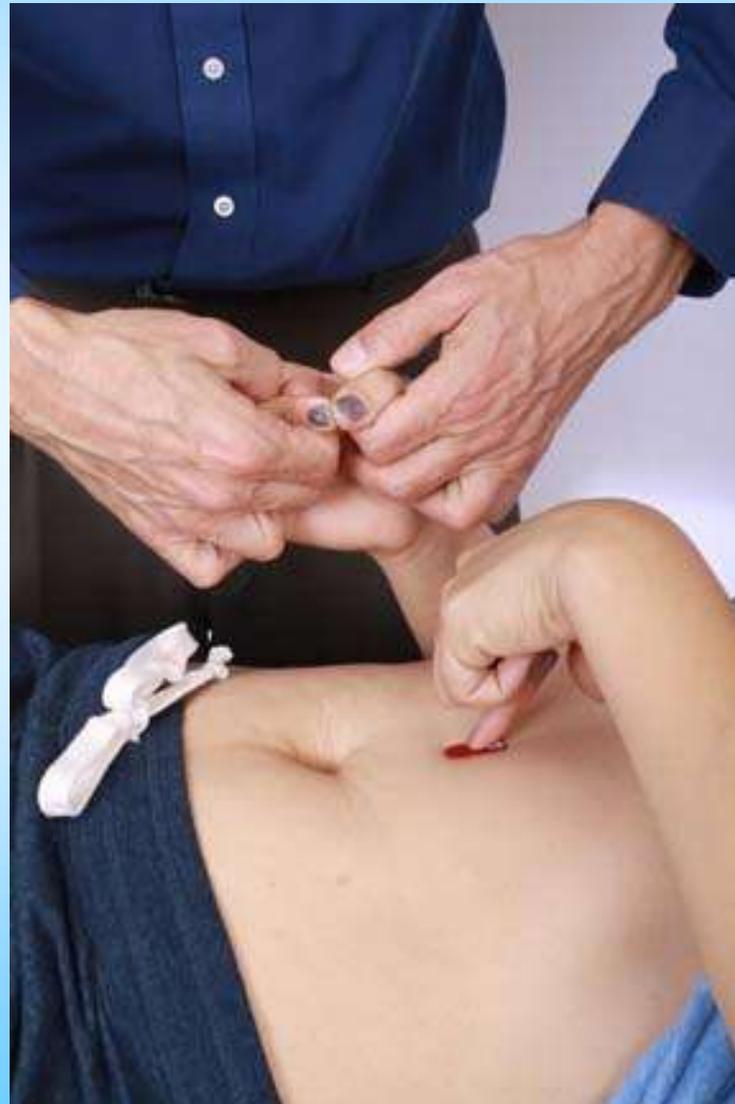
Chakra ↓	Initial Spin Pattern	Color(s) or tones used	Feelings, impressions	Spin Pattern After Tx
Root Vital Force				
Sacral Emotions, Creativity				
Solar Project Self Will				
Heart Harmony/Integration				
Throat Expression				
Brow Insight, vision				
Crown Intuition, connection				

Chakra Spin Patterns

								
Clockwise Circle	Clockwise Ellipse R	Clockwise Ellipse L	Counter- Clockwise (CC) Circle	Up and Down	Left and Right	Diagonal on CC Ellipse, up to R	Diagonal on CC Ellipse, up to L	Cloverleaf Pattern
Balanced, Whole	Open, male oriented	Open, female oriented	Either pushing away or clearing cycle	"In his head", feelings limited in this area	Closed	Passive aggressive split, more aggressive	Passive aggressive split, more passive	Transforming, conflicted or scattered

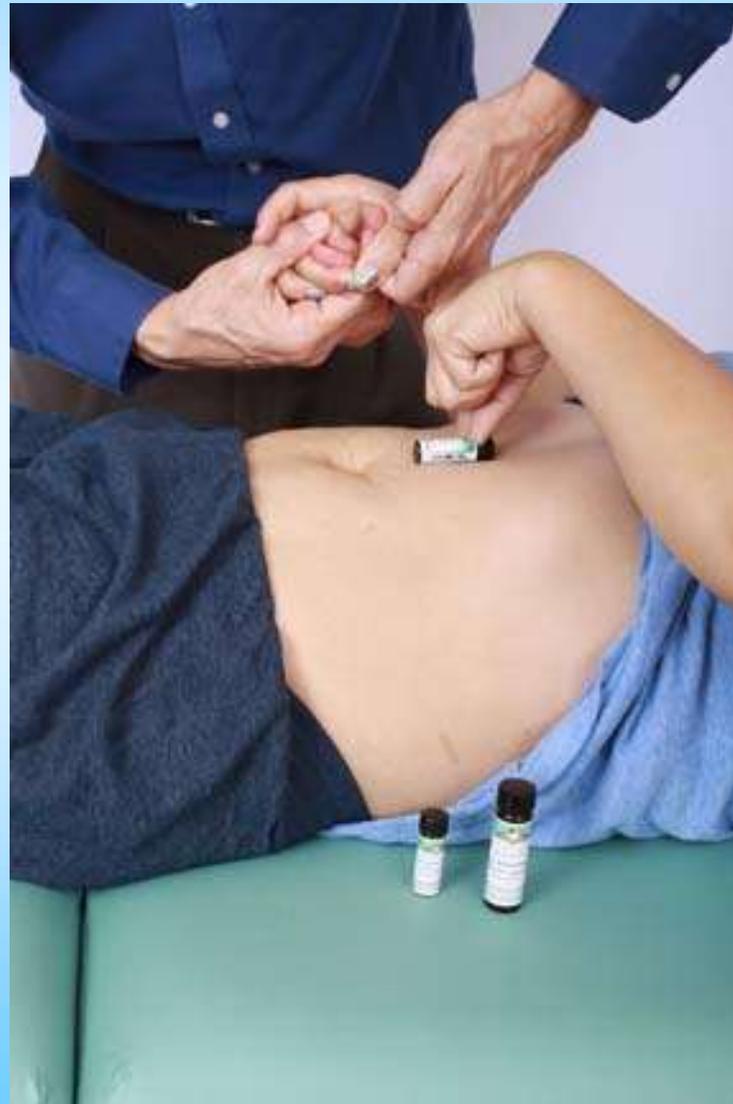
Results/Impressions After Tx _____

Evaluation: Challenge Testing Color Filters Against Imbalanced Centers



Testing Red filter
on Solar Plexus
center

Evaluation: Challenge Testing Essential Oils Against Imbalanced Centers



Muscle testing
bottles of oils on
Solar Plexus
center

“Getting It”



Once you've evaluated all the chakras, mentally/intuitively assemble your impressions based on:

- Client's symptoms
- Chakra spin patterns
- What energy resonance you feel from them
- What they tell you their key issues are
- Messages from your Higher Self and healing Team

Chakra Healing Treatments

- 1) Breath of Ascension
- 2) Engage in Multi-Dimensional Clearing to help clear deeper conditioning at the root of the imbalances
- 3) Client speaking Decrees
- 4) Intentional energy spirals with your hands: counter-clockwise to clear, clockwise to energize
- 5) Microlight therapy – Microcurrent and color light therapy using Acutron
- 6) Forms of tuning forks sound therapy, acupuncture, Quantum healing

Male-Female Healing Skills

To be effective with chakra therapies, the practitioner must cultivate both sides of their being:

Male/Left Brain skills: Study and mentally understand the qualities of each chakra, the meaning of the spin patterns and synthesize observations into a clear diagnosis. Penetrating awareness.

Female/Right Brain skills: Female/Right Brain – Intuitive receptivity to receive deeper understanding of the Root of patient's complaint, to empathize with patient and build rapport and trust. Receptive awareness.

Tones for each Chakra

Chakra

Sanskrit Seed Sound

Root – 1 st	Lam
Sacral – 2 nd	Vam
Solar – 3 rd	Ram
Heart – 4 th	Yam
Throat – 5 th	Ham
Brow – 6 th	Om or A
Crown – 7 th	Aum

Chakra Healing Decrees

- Work with your patient to craft a powerful decree that comes from their heart and soul, and has strong emotional resonance
- Best affirmations start with “I am now...” or “It is my intention to...”
- Have patient repeat affirmation several times while visualizing healing light around one or more chakras (or applying light therapy)
- Write it down and give it her to speak several times a day for homework

Healing Statement Examples

“It is my intention to fully accept and honor my inner voice and release repression from my belly”

“It is my intention to accept nurturing and comfort in my heart”

“I am now fully forgiving myself and releasing self-punishment through migraines”

Releasing

- ❖ In the course of a client rebooting their energy systems, it is often necessary for them to release old, toxic emotional/energetic buildup in their bodies. Part of Quantum Catalyst Healing is supporting the client in this process.
- ❖ Releasing is done through the breath and allowing the body's healthy innate intelligence to "unwind" toxic and limiting energies that are no longer needed or acceptable from the new place of awareness